

SUMMER FUN

Red Cross Swim, Tennis, Arts & Crafts, Outdoor Games, Library Time, Performing Arts, "Gotta Dance," Songs, Music, Dance & Theatre, and Special Activities "Wacky Wed" & "Fun Fridays"

REGISTRATIONS ACCEPTED ON A FIRST COME BASIS

JULY 2 thru AUGUST 10, 2007 MONDAY THRU FRIDAY
Early Drop Off and Extended Day Available to Grades K-6

<u>Session</u>	<u>Activity</u>	<u>Cost</u>
Session A July 2 to July 13 No Program Wed. July 4	Summer Fun (9:00-3:00 pm)	\$ 485
	<u>Early Drop Off</u> 8:15-9:00 am	\$ 35
	<u>Extended Day</u> :3:00-6:15 pm	\$ 175

<u>Session</u>	<u>Activity</u>	<u>Cost</u>
Session B July 16 to July 27	Summer Fun (9:00-3:00 pm)	\$ 525
	<u>Early Drop Off</u> 8:15-9:00 am	\$ 40
	<u>Extended Day</u> :3:00-6:15 pm	\$ 190

<u>Session</u>	<u>Activity</u>	<u>Cost</u>
Session C July 30 to Aug 10	Summer Fun (9:00-3:00 pm)	\$ 525
	<u>Early Drop Off</u> 8:15-9:00 am	\$ 40
	<u>Extended Day</u> :3:00-6:15 pm	\$ 190

*K-6 kids using the Extended Day Program (3:00-6:15 pm) will be bused to Carlisle Kids' House at 3:00 pm (142 East St. - Parents pick up by 6:15 pm)

Locations: Carlisle School Corey Bldg, Private Pools, Spalding Field, Town Tennis Courts and Carlisle Kids' House

To register go to www.carlislema.gov and click on Recreation

SUMMER

Special Programs:




- **Lacrosse - Leading Edge Programs**

Ages 4 thru 6 and Grades 1 to 9

Monday thru Thurs - June 26 thru 29 - Spalding Field

(June 29 session will host a pizza party and raffle at lunch time)

 Co-ed Mini Laxers: (4 to 6 yrs) 9:00—11:00 am \$100
Boys Grades 1-4 Lax Stars: 9:00—12:00 noon \$150
Boys Grades 5-9: 9:00—3:00 pm \$230

Bring: Plenty of water, sunscreen & Snack.

Gr K-4 bring Helmet, gloves & stick

Gr 5-9 bring equipment listed above plus shoulder and arm pads and lunch.

On Line REGISTRATION and further details: www.leadingedgelacrosse.com

- **MLS Soccer Clinic August 13 thru 17**

Monday thru Thursday - August 13 thru 16 (Clinic)

Friday - August 17 (Exhibition & Graduation)

Location: Spalding Field - Church St. Carlisle

Entering Kindergarten 9:00 to 10:30 \$ 75

Entering Grades: 1 thru 4 (Recreational) 9:00 to 12 noon \$125

Entering Grades: 5 thru 8 (Competitive & Recreational) 9:00 to 12 noon \$125

Ball, T-shirt and a Free Companion Ticket to a MLS game included

Bring: Shin guards, water bottle AND all medical forms

- **Advanced Goalkeeper Clinic (MLS) (4 days) \$140**

Monday thru Thursday August 13 thru 16 1:00 to 4:00 pm

Ages: 10 yrs. and up Location: Spalding Field

Training provides technical, tactical, physical and physiologically appropriate sessions.

MLS provides goalkeepers with Awareness of technical mistakes, Knowledge and

Understanding of the position to enable them to improve and be part of the Goalkeeping community, sharing tips and experiences.

Bring: Shin guards, water bottle AND all medical forms



New

To register go to www.carlislema.gov and click on Recreation



SUMMER

Special Programs:

• Field Hockey Clinic for Students

Entering Grades: 6 thru 9

\$150

Monday thru Thursday - August 13 thru 16

9:00 am to 12:30 pm - Banta Davis Field - 304 Bedford Rd

Instructors: CCHS & Carlisle Coaches along with help from the CCHS Varsity Team

Learn the basics to specialized skills and rules. Drills, dribbling, passing - offensive and defensive strategies, goal tending, etc. scrimmages and a final day tournament.

Bring: Field hockey stick, shin and mouth guards, water bottle



Counselor in Training Program

Students 13 and Older

Session: A, B or C Monday thru Friday 9:00 to 3:00 pm

Session A: \$158 Session B or C: \$175

CIT's gain the valuable skills needed and learn the responsibilities to be a counselor by working closely with older teens. CIT's receive CPR and First Aid training.



Water Safety Aid Training

Students 13 and Older

Session: A, B or C Monday thru Friday 9:00 to 3:00 pm

Session A: \$158 Session B or C: \$175



Includes training & certification for Level 6 swimmers. Learn the skills needed to become an assistant (WSA) to a Water Safety Instructor. WSA's receive CPR & First Aid training.

To register go to www.carlislema.gov and click on Recreation

SUMMER

Red Cross Swimming Lessons



Grades: K to 3 - Summer Fun - DAY PROGRAMS TAKE NOTE:

No need to sign up for swim lessons separately.

Swim lessons are included in the Summer Fun Day Program. (9:00-3:00)

Grades: 4 to 7 Swim time is included with **some activities**. (See Entering Grade 4-7 Chart)

SWIM-ONLY LESSONS

For Non-Summer Fun Participants

Monday thru Friday 10 x 45 minute lessons

Location: Various Private Pools

Session A: \$ 113 Session B: \$ 125 Session C: \$ 125

PLEASE NOTE: **SWIM-ONLY Participants:** you will be notified of pool time and location, the week before lessons begin. Parent Drop Off and Pick Up at Pool Locations.

Red Cross Swim Levels

Level: Parent & Child

Level: 1 Introduction to Water Skills

Level: 2 Fundamental Aquatic Skills

Level: 3 Stroke Development

Level: 4 Stroke Improvement

Level: 5 Stroke Refinement

Level: 6 Swim & Skill Proficiency

You Will Learn To:

Love the water...

Submerge for 3 sec., supported float...

Tread water, front & back glide...

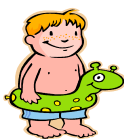
Swim front & back crawl, butterfly kick...

Swim butterfly, breast, elem. back strokes...

Swim side stroke, shallow & surface dives...

Swim and dive for fitness and safety.

Parent & Child: \$ 125 (Mon/Wed & Fri) from July 9 to Aug 8



Children **MUST** be toilet trained. You may choose any 10 lessons from July 9 thru Aug. 8 (**during the scheduled Mon/Wed/Fri Pre-School Swim Time**). You will be notified of pool time and location the week before lessons begin.

Summer Fun
PROGRAMS FOR STUDENTS...
Entering Grades: 4 thru 8

Also Available !

Early drop off: 8:15-9:00 am
 \$20/wk (\$17.50/wk 1)

Extended Day: 3:00-6:15 PM
 \$95/wk (\$76/wk 1)

Customize your half day or
 full day this summer!
(No program Wed July 4)

AM
 9:00 -12:00

PM
 12:00 -3:00

Choose from an array of activities (no more than one AM and one PM activity per week):

	<i>Session A</i>		<i>Session B</i>		<i>Session C</i>	
	Wk 1: Julv 2-6	Wk 2: Julv 9-13	Wk 3: Julv 16-20	Wk 4: Julv 23-27	Wk 5: Jul 30-Aug 3	Wk 6: Aug 6-10
Choose One AM Per week	<u>AM</u> Art Mania \$130	<u>AM</u> Art Mania \$160	<u>AM</u> Cooking \$175	<u>AM</u> Babysitting & Pet Care \$160	<u>AM</u> Art Mania \$160	<u>AM</u> Art Mania \$160
	<u>AM</u> Wall Climbing \$150	<u>AM</u> Canoe & Kayak \$175	<u>AM</u> Archery \$160	<u>AM</u> Golf \$160	<u>AM</u> Archery \$160	<u>AM</u> Golf \$160
Choose One PM Per week	<u>PM</u> Tennis & Swim \$115	<u>PM</u> Karate & Swim \$160	<u>PM</u> Ultimate Frisbee & Games \$140	<u>PM</u> Cabaret Theatre \$200	<u>PM</u> Ultimate Frisbee & Games \$140	<u>PM</u> Karate & Swim \$160
	<u>PM</u> Ultimate Frisbee & Games \$115	<u>PM</u> Acrylic Painting \$160	<u>PM</u> Tennis & Swim \$140	<u>PM</u> Tennis & Swim \$140	<u>PM</u> Horse Riding (2 weeks) \$450	<u>PM</u> Horse Riding ...continued

See next page for Activity descriptions and detail.

Check in at the Summer Fun office in the Corey Gym Lobby at 9:00 AM for morning classes
 (8:15 AM for early drop off) and at 12:00 PM for afternoon classes.

Check out is at 3:00 PM at the Summer Fun office.

For those choosing the extended day option transportation is provided to 142 East Street at 3:05 PM and parent pick up is by 6:15 PM at Carlisle Kids' House 142 East Street.

For those choosing a full day of activities bring a lunch to eat from 11:45 – 12:15.

Transportation provided for off site activities. Snack and water provided.

Bring water bottle, sunscreen & hat for all outdoor activities.

Individual Activity Descriptions
PROGRAMS FOR STUDENTS...
Entering Grades: 4 thru 8

Archery: Transport to *Tee Pee Archery* in Acton to learn basic archery skills including how to make arrows and tune bows in a safe indoor setting.

Acrylic Painting: Create a masterpiece of your own with acrylic paints on canvas with instruction by *Kathy Mayer*.

Art Mania: Create several art projects using mixed media including ceramics, craypas and watercolor. Fashion your own beaded jewelry. Some activities are held off site. Watercolor with *Kathy Mayer*.

Babysitting & Pet Care: Get trained as a Red Cross babysitter (certified for age 12+) and learn pet care skills to become competent and comfortable in caring for children and pets.

Cabaret Theatre: Join *Elaine Jarvis* onsite in the Corey Auditorium and dance, sing and act in a compilation of songs and skits culminating in a Friday cabaret show for friends and family. Theatre games and theatre etiquette included.

Canoe & Kayak: Transport to South Bridge Boathouse in Concord to learn stroke technique and safety in a canoe and in a kayak. Must be Red Cross Level 4 swimmer. Life jackets are provided and required.

Cooking: Transport to the home of *Stephanie Shenton* on Maple Street to learn safe and simple cooking techniques for a fun and healthy snack attack!

Golf: Transport to Billerica Country Club where the *Barrie Bruce* Golf School teaches etiquette, how to pitch, chip and putt with correct position and swing using woods and irons. Bring your own or use the equipment provided. All levels.

Horse Riding: Transport to *Flying Change Stable* in Chelmsford to learn good habits, safety and grooming of horses. Includes riding lessons-all levels.

Karate: Join *Callahan's* Karate School in the exercise room to learn basic techniques and etiquette in a safe and fun environment. Beginner level.

Tennis & Swim: Improve your game with drills, games and match play onsite at the town tennis courts. Cool off with a swim at a local residential pool. Wear tennis shoes and bring a racquet and swimsuit.

Ultimate Frisbee & Games: Learn the skills you need to play ultimate frisbee and other games like badminton and volleyball including a day of mini-golf.

Wall Climbing: Learn basic techniques, proper use of ropes, equipment, locking carabineers and belaying on the climbing wall in the Corey Gym.

YOUTH REGISTRATION FORM

USE A SEPARATE REGISTRATION FORM FOR EACH PARTICIPANT

Year: _____ Season (circle one) Spring Summer Fall Winter

Name: _____ M / F DOB ____/____/____ Grade _____ Bus # _____

Address: _____ Home#: _____

Town: _____ Zip _____ Parent E-Mail: _____

In the event of an emergency we will contact parents first in the order you indicate:

#1 ___ Parent: _____ Work # _____ Cell # _____

#2 ___ Parent: _____ Work # _____ Cell # _____

#3 ___ additional contact: _____ phone # _____

My child attends Carlisle Kids' House on the following days of the week _____

Special Need/Concerns: _____

I do hereby waive, release, absolve, indemnify, and agree to hold harmless Carlisle Recreation, the Directors, sponsors, supervisors, coaches, participants, volunteers, and any person transporting me/my child to or from activities for any claim arising out of an injury to me/my child. I give permission for medical treatment to be given if the need arises.

Signature: _____ Date: _____

<u>Class Name</u>	<u>Day</u>	<u>Time</u>	<u>Session</u>	<u>Amount</u>
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____

If (class name) _____ is fully enrolled, my second choice is (class name) _____

___ I would like to make a donation to the Recreation Gift Account (future improvements) \$ _____

___ I would like to make a donation to the Recreation Financial Aid Fund \$ _____

Make checks payable to: Town of Carlisle Amount Enclosed: \$ _____

Register on line at www.carlislema.gov/registration

Mail Registration and check to: Carlisle Recreation, 66 Westford St., Carlisle, MA 01741

Recreation Policies and General Information Updated: Feb 2007

Registration

Register for programs Online at **www.carlislema.gov/registration** (credit cards accepted or mail in check within 5 days).

You may also register in person. Use a Separate Registration Form for each individual. Forms are in the brochure mailed to each Carlisle household or can be downloaded from our website. Registrations can be left in the Recreation Office drop box on the second floor at Town Hall or mailed to the office.

When registering by mail: Make checks payable to: Town of Carlisle

Mail to: Carlisle Recreation, 66 Westford St., Carlisle, MA 01741.

Classes must be paid in full at the time of registration.

Registration will be on a first come, first served basis.

Email confirmations are issued for all classes. Please make sure your email is included in your registration information. Check your internet settings to avoid emails from our office being autopplaced into your SPAM folder. Check your SPAM folder if you are not receiving emails from us.

Refunds & Cancellations

The Recreation Department reserves the right to cancel classes due to insufficient enrollment with a full refund.

A Recreation Credit may be requested up to two weeks before the course or program begins with a \$25 processing fee. Cancellations receive a 50% credit before the start of the program. No refunds or credits thereafter.

General Information

Children should be picked up on time after all activities. Late fees will be assessed as follows:

- less than 10 minutes late No fee
- 10 to 15 minutes late \$15
- 20 to 30 minutes late \$25

Classes will not be scheduled on school holidays and during vacations, unless otherwise stated. If school is closed due to bad weather, classes will be cancelled. Every attempt will be made to reschedule.

If afternoon classes are cancelled due to a change in weather, an announcement will be made at school and a recording placed on the **Recreation phone: 978-369-9815**. Children will take normal bus home.

Recreation Program scholarships available upon request based on need.

Additional copies of Brochures available at the Gleason Library and at the Recreation Office and on the website **www.carlislema.gov/recreation**.

The Recreation Department welcomes new ideas, suggestions, and volunteers, to better serve the Carlisle community. Give us a call !

Paid instructors are needed for all types of activities and age groups.